# **ETS PHYSICALS**

PHYSICAL EXAM HOURS

**MONDAY-FRIDAY** 

0630-1530

ALL APPOINTMENTS START

AT 0630

PHYSICAL PICK UP TIME

MONDAY-FRIDAY 1300-1530

**SOLDIER SUPPORT CENTER** 

7<sup>TH</sup> FLOOR

**APPOINTMENT LINE 907-7639** 

#### **APPOINTMENT INFORMATION**

- Once you know your terminal leave start date, you can walk-in any day with the exceptions of Wednesday.
- \*\* Ensure that you fast (no eating or drinking anything but water starting at 2200 the night prior)
  - \*\* Your labs will be drawn after you have seen the provider
- Ensure that you arrive in your Physical Fitness Uniform
- Do not make any other appointments the day of your physical, you may be here all morning
- If you wear glasses bring them, do not wear your contacts the day of your physical.

### •. YOU MAY PICK UP YOUR PHYSICAL

7-10 WORKING DAYS (providing you have completed your labs prior to your appointment and all results are back)

### Frequently Asked Questions

### Am I exempt from P.T. once I complete my ETS Physical?

No, you are still a Soldier, unless you have a Profile exempting you from PT, you are required to participate in Unit PT.

## Can I walk-in for a physical instead of making an appointment?

No, all physicals must have an appointment scheduled with the exception of Chapter physicals. Chapter physicals will be seen as walk-ins on a case by case basis. Please call the clinic for more information (907-9907)